



February 12, 2026

Exciting Special Guests & New Give Away at This Year's Southern Alberta Home, Garden & Leisure Show. It is one month away!

The highly anticipated 2026 Southern Alberta Home, Garden & Leisure Show is set to take place from **March 12th – 14th, 2026**, at the Lethbridge Trade and Convention Centre in Lethbridge, Alberta.

“The HG&L Show is when we know spring is close and our community truly comes alive,” says Bridget Mearns, Executive Officer of BILD Lethbridge Region. “It’s where people come to get inspired, connect, and meet the local businesses that can turn ideas into real projects — from home renovations and garden plans to leisure and lifestyle upgrades. At the same time, it creates powerful opportunities for exhibitors to build relationships and grow their businesses as we head into the busy spring and summer season. That combination of community connection and economic opportunity is what makes the Southern Alberta Home, Garden & Leisure Show such a must-attend event.”

OFFICIAL CHARITY

The HG&L Show is once again partnering with **Halo** to host the popular **Halo 50/50 Draw**, giving attendees the chance to win big while supporting a meaningful cause. Last year’s event saw incredible community participation, with the 50/50 draw nearly reaching **\$30,000 raised over the weekend**. Organizers expect even stronger engagement in 2026 as attendance continues to grow.

SPECIAL GUEST

Cooking Expert: Roni’s Kitchen – This chef brings a creative and holistic approach to plant-based living. Known for her engaging workshops and delicious vegan creations, Roni inspires audiences with her passion for sustainable, nourishing food. At this year’s HG&L Show, she will be highlighting her brand-new book *Food Therapy*, sharing insights on how food can be both healing and empowering.

Join her for cooking demonstrations everyday on the Carefree Kitchens & Lighting’s Demo Kitchen.

Gardening Experts: Lyndon Penner

Lyndon Penner brings a thoughtful and inspiring voice to this year's HG&L Show. As a passionate author and advocate, he shares stories and insights that connect deeply with audiences seeking inspiration and personal growth. He will be hosting daily panels, including *Thistles for Gardeners*, *Ornamental Onions*, and *Asters and Goldenrods*, offering attendees a rich exploration of plants and their role in the garden. He is also offering interactive planting workshops all weekend long at the HG&L Show Workshop Station.

Lyndon Penner is the Head Gardener at Riding Mountain National Park in Manitoba and well versed in Prairie gardening. His books include *Native Plants for the Short Season Yard*, *The Way of the Gardner*, *Garden Design for the Short Season Yard*, *The Chinook Short Season Yard*, *The Prairie Short Season Yard*

RETURNING FAVOURITES

Enhanced Digital Experience

Show App

The Southern Alberta Home, Garden & Leisure Show **Mobile Application**, has a **digital floor map, vendor search functionality, and point-to-point guidance and show deals.**

Who BILDs it Best – Live building competition

Who BILDs it Best is back for its 4th year. This event is an exciting live action building competition where high school students, in teams of two, test their carpentry skills against the clock. Each Team will have 75 minutes to plan and execute the design using only the tools and instructions provided to them. Their projects will then be judged by variety of members from the community and industry.

The high school students are representing High Schools from around Southern Alberta. This event is made possible with partnerships between BILD Lethbridge, CAREERS and the Southern Alberta Collegiate Institute.

NEW THIS YEAR!

Crack the Code, Claim the Keys

One of the most anticipated features of HG&L 2026 is the Crack the Code: Claim the Keys promotion. In partnership with Stranville Living Master Builder, attendees will have the chance to crack a multi-digit code for an opportunity to win a brand-new home valued at \$589,900. The interactive challenge adds excitement to the show floor and gives visitors a once-in-a-lifetime opportunity to walk away with an extraordinary prize.

Other Information

Tickets

Adults (13+): \$12.50 / day

Seniors: \$10.00 / day

Youth (under 12): Free

Hours of the show

Thursday, March 12, 1- 8 pm

Friday, March 13, 1-8 pm

Saturday, March 14, 10 am – 5 pm

Thank you to our sponsors

Energy Smart Canada

Lethbridge Polytechnic

Carefree Kitchens & Lighting

Urbane Eight

1Up Moving

Paramount Printers

Analog Books

Sonic Multimedia

Arctic Spas

Reliance Home Comfort

Lethbridge Door Systems

Horizon Landscaping

South Country Co-Op

Sandman Hotels

Window Mart Windows & Doors

Rona | Rona +

Logic Lumber

Our media partners: 98.1 The Ranch, 94.1 CJOC, B93.3, Wild 95.5, 106.7 Rock and Kiss 107.7

Join us for 3 days full of inspiration, learning, and entertainment at the HG&L Show. We can't wait to see Lethbridge there!

For more information and updates visit hglethbridge.ca